

Latina

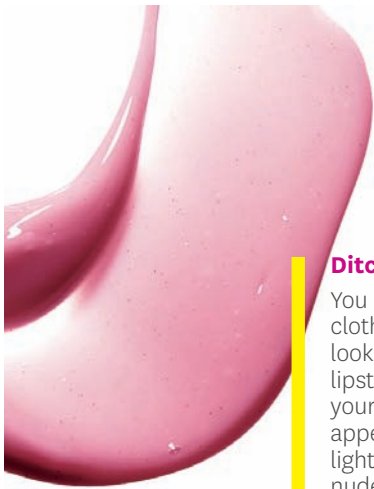
STAY CONNECTED TO YOUR CULTURE

SEXY
SPRING
STYLE

**YOU,
INC.**
BUILD
YOUR
BRAND.
OWN
YOUR
WORLD

Camila
CABELLO

**FABULOUS
& FREE**



Ditch Dark Matte Lips

You know how black clothes make your body look slimmer? Dark lipsticks do the same for your pout by making it appear scrawny. Softer, light-reflecting glosses in nudes or pinks are the most flattering and youthful. Love deeper tones? Make sure it's a moisturizing formula.

8 WAYS TO LOOK YOUNGER NOW

FROM IN-OFFICE TREATMENTS TO EXPERT TRICKS, HERE'S HOW TO LOOK GORGEOUSLY GLOWY—FAST!

BY ROBYN MORENO

Give Yourself a Lift

If your face is looking a bit saggy, but the permanence, price, or downtime of a face-lift scares the heck out of you—there's a new option in town. With **Silhouette InstaLift**, a derm injects special sutures under your skin to lift and plump it up. The average price is \$3,500 per treatment, and results are immediate. instalift.com

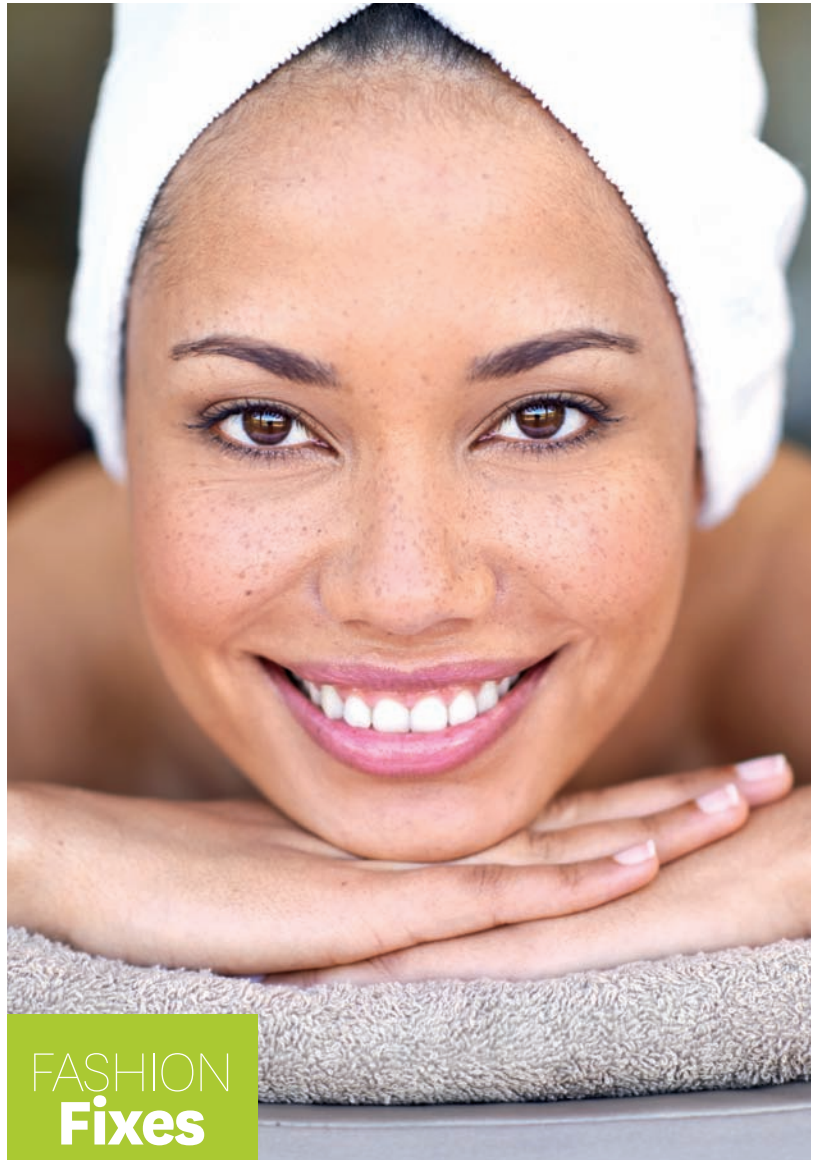
Make It with Maca

This root, aka "Peruvian Ginseng," is a mood and libido booster—two fun things that make you look and feel more vibrant. Add a scoop of this magic powder to your smoothie to add a spring to your step and a shine to your skin.

TIP:

BREAKING A SWEAT IS PROVEN TO REVERSE SKIN AGING.

PHOTOGRAPHS: ISTOCKPHOTO.



FASHION Fixes

SIMPLE STYLE TWEAKS CAN MAKE A WORLD OF DIFFERENCE

- 1 -

ADD MORE WHITE TO YOUR CLOSET

Classic button-downs, dresses, scarves, and even plain tees evoke freshness and are instant luminators.

- 2 -

BLING IT ON

File this under "who knew?": Wearing nail polish and rings makes you look younger.

- 3 -

GET CLOTHES THAT FIT!

Items that are too loose or too tight are unflattering and ultra aging. Buy for your current size or opt for a tailor.

Let It Shine

Exfoliation is crucial for a youthful face, says Annet King Elemis VP of global education. Other bonuses of shedding dead skin: even skin tone, balanced makeup application, and better absorption of skin-care products. Try **Elemis Dynamic Resurfacing Gel Mask**, with enzymes that renew and hydrate. \$79, elemis.com

Bright Eyes

"The eye area ages earlier and faster than the rest of the face, meaning the skin looks up to 20 years older," says Dr. Frauke Neuser, Olay principal scientist. We like **Olay Eyes Ultimate Eye Cream**: It's a 3-in-1 de-circler, de-wrinkler, and de-puffer to reflect younger-looking eyes. \$25, olay.com